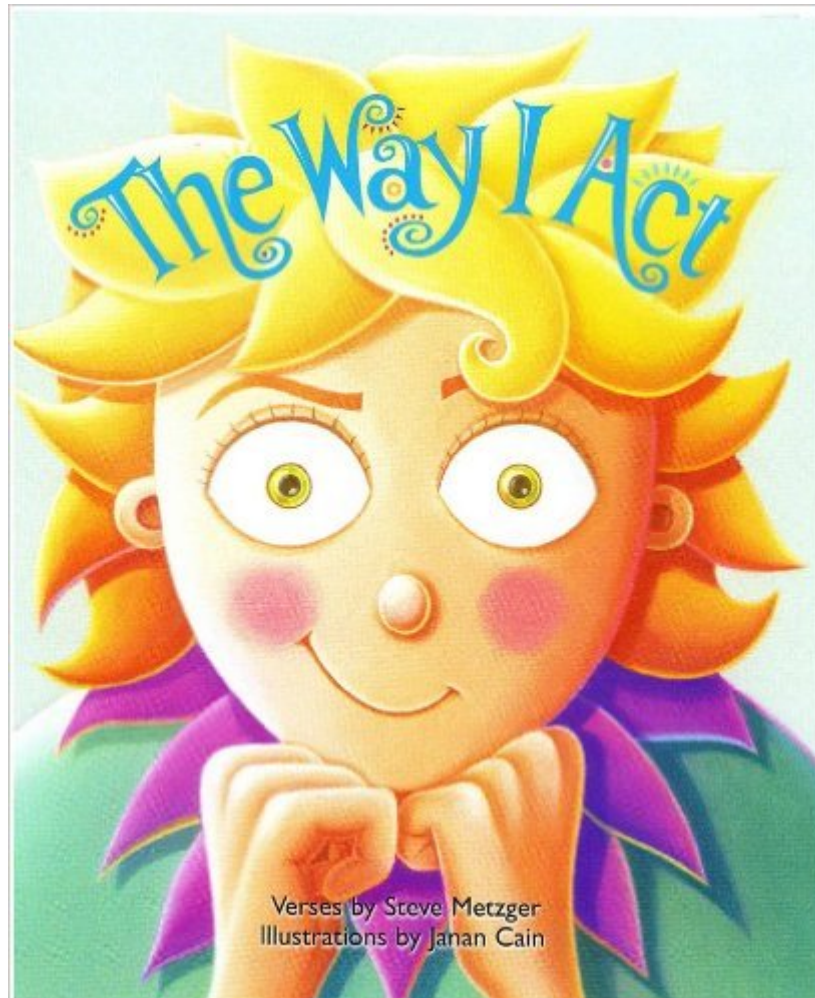


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# The Way I Act



## Synopsis

A companion to Cain's award-winning 2000 title, *The Way I Feel, The Way I Act* uses detailed illustrations, type faces and vivid color to complement the simple verses that explain character traits like compassion and bravery. With verses created by Metzger, *The Way I Act* follows the pattern established by *The Way I Feel*, introducing a wide variety of character traits, including some not usually attributed to young children. Metzger's carefully crafted text is sensitive and free of bias and slang. Together with Cain's sometimes zany characters, *The Way I Act* shows scenarios that kids can identify with: peering at bugs with a magnifying glass, making a bed, finishing a puzzle, sweeping up a mess. The text cites even more examples that define words such as curious, responsible, persistent and capable. As Metzger points out, the scenarios on each two-page spread let kids imagine how they might act on a curlicue slide, when meeting new children, when an elderly grandparent needs help. Chicago-based Cain made her debut with *The Way I Feel*, now available in Spanish as *Así me siento yo*, and as a board book. In print: almost 1.5 million copies. She is also the author of *Roonie B. Moonie* (Illumination Arts). Metzger, an executive with Scholastic Inc., has written more than 60 books for preschoolers, most published by Scholastic.

## Book Information

Hardcover: 32 pages

Publisher: Parenting Press; 1 edition (January 1, 2011)

Language: English

ISBN-10: 1884734995

ISBN-13: 978-1884734991

Product Dimensions: 0.5 x 9.2 x 10 inches

Shipping Weight: 1 pounds (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars [See all reviews](#) (72 customer reviews)

Best Sellers Rank: #6,805 in Books (See Top 100 in Books) [#25 in Books > Politics & Social Sciences > Philosophy > Ethics & Morality](#) [#42 in Books > Children's Books > Growing Up & Facts of Life > Family Life > Values](#) [#52 in Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Manners](#)

Age Range: 5 - 10 years

Grade Level: Preschool - 5

## Customer Reviews

As an elementary school counselor, I've taken a bigger interest in teaching character education the

past couple of years. I'm noticing kids want to learn about the big behavior words like compassionate, persistent, and capable (and let's not forget it's a great way to increase their vocabulary). Thanks to this wonderful new book, *The Way I Act*, they also want to apply these words to their daily lives. Just yesterday, a 2nd grade boy came up to me and said, "I was trustworthy when my brother asked me to stay out of his room." It's also nice to use the language back to kids like, "Thanks for following all the directions. You are very capable." The bond books create between adult and child is pretty powerful if you ask me. This is one of those books! Helping kids improve behavior and grow into wonderful people 'seems to be the goal of this book. It's very well done. I feel so lucky when I have such a fantastic book like this to help kids succeed and also have reflection about their decisions and actions. The kids will delight in illustrator Janan Cain's vivid depiction of each character trait. Don't pass this one up. Fabulous way to teach important character traits.

This book is full of great concepts that are easy for kids to grasp...and remember. I use this book with my little girl who enjoys the pictures and appreciates hearing the gentle messages from someone other than me! The book's messages really hit home for me when I caught my daughter trying hard to behave herself (in the library), telling me that she was "acting just like the book said to"! Thanks for the assist. A grateful parent

Metzger's behavior books require probably a 5 or 6 year old level of development and self-knowledge to understand the feelings and actions that are described. I bought these for a five year old with behavior issues. She told me that she wants more of these books! To me, that is a "five out of five."

My 3 year old daughter and I both love *The Way I Act*. It is a wonderful follow-up to *The Way I Feel*. *The Way I Act* explains behavior in simple, easy to grasp ways, with beautiful illustrations. Both the verses and illustrations are so well done, this book is definitely a must have for any parent of a toddler or preschooler!

"*The Way I Act*" is a children's guide to understanding how their actions express who they are. Some qualities that are described and encouraged in actions are being friendly, brave, considerate, curious, imaginative, active, capable, and many more. Zany, brilliantly colored illustrations swoop off each page to bring "*The Way I Act*" to full vibrancy. A Note to Parents at the end gives helpful

suggestions for ways to use the book to help teach children to develop desired qualities and good judgment. "The Way I Act" is sure to please both parents and children, with its imaginative invitation to act in positive, helpful, creative ways.

I adore this book. It really helps adults discuss concepts with kids that aren't easily explained. The book does this through artwork, verse and color. It's so great to have a tool like this. My kids and I can discuss what it means to be compassionate and responsible among many other ways kids act. I highly recommend the other books by Janan Cain too. "The Way I Feel" and Roonie B Moonie Lost and Alone".

My son learned to identify his feelings with the first book. Now he is learning more complicated words and effects of his actions. Illustrations are beautiful as well. Love this book!

My son loves to read this book over and over again. It also helps him to understand about the importance of appropriate behavior.

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